



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

7th-12th Grade Girls

Advanced Offensive Basketball Skills Workout

Location: The Barn (5237 Highway 12 E, Abdn SD)

Cost: **\$159** Please make checks payable to [Avera Sports Center](#)
Payment is collected on the first day of workouts.

Athletes will receive a Warwick Workout T-shirt & Hoodie

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

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| Sunday, September 28 th | 12:30-2:00 |
| Sunday, October 5 th | 12:30-2:00 |
| Sunday, October 12 th | 12:30-2:00 |
| Sunday, October 19 th | 12:30-2:00 |
| Sunday, October 26 th | 12:30-2:00 |
| Sunday, November 2 nd | 12:30-2:00 |

Limited to 12 athletes

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kevin Ratzsch with questions about weekly workouts in Aberdeen

Email: kevin.warwickworkouts@gmail.com

Cell: 605-201-7226 Kevin Ratzsch

WHERE CHAMPIONS TRAIN.